**Drug Status Report**

**Drug:** Xin Qing Ning

**Drug Name Status:** Xin Qing Ning is the brand name.

Xin Qing Ning is a herbal supplement that is used in traditional Chinese medicine (TCM) and is claimed to contain Radix et Rhizoma.

Radix et Rhizoma is more commonly known as Rhubarb root (Radix et Rhizoma Rhei) and is widely used in TCM for treating conditions such as sinus infections, lung infections, nose bleeds and eye infections\(^1\) and has also been shown to be effective in the treatment of diabetes\(^2\). Emodin and rhein are the major bioactive components in *Radix et Rhizoma Rhei*, and produce a variety of pharmacological effects including anti-viral\(^3\), anti-cancer\(^4\), anti-inflammatory and antiseptic effects\(^5\). These substances are not similar to any of the substances in the Schedules to the CDSA.

Canadian Status: The status of Rhubarb root was recently evaluated in the status determination of the Chinese herbal supplement, Niu Huang Jie Du Pian, and was not found to contain any substances listed on the schedules to the CDSA.

Recommendation: Xin Qing Ning is not a controlled substance.

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\(^1\)http://findarticles.com/p/articles/mi_g2603/is_0006/ai_2603000630/


