Drug Status Report

**Drug:** Mass Fx

This product was reviewed in March 2008. The review was based on the ingredient list available at that time from  
Information is now available at http://www.anabolicx.com/downloads/massfx_insert.pdf that the ingredients are may be the same as previously reviewed. The product may not be different; it may be the discrepancy in ingredients is due to changes in promotional material. The original status report which recommended that the product was not a controlled substance is appended to this report.

**Drug Name Status:** Anabolic Xtreme Mass Fx is the trade name.

**Ingredients:**

3,4 divanillyltetrahydrofuran  
(3b, 5a, 6a, 25R)- Spirostan-3, 6-diol  
White button mushroom extract  
11a, 20R-dihydroxyecdysterone  
Sea Buckthorn  
Forslean

Canadian Status:

3,4 Divanillytetrahydrofuran - This was reviewed in the previous report; it is not considered to be controlled.

(3b, 5a, 6a, 25R)- Spirostan-3, 6-diol - This was reviewed in the previous report; it is not considered to be controlled.

White button mushroom (Agaricus Bisporus) extract is often claimed to be an ingredient in nutritional supplements. This was not listed as an ingredient previously.

11a, 20R-Dihydroxyecdysterone is one of the family of ecdysteroids which are not considered to be controlled. This was not listed as an ingredient previously.

Sea Buckthorn has been claimed to have a wide range of benefits. It is claimed to have anti-inflammatory properties which may be useful to body builders. This was not listed as an ingredient previously.

Forslean is a proprietary product claimed to increase cyclic adenosine monophosphate. The company may have repackaged the ingredients to include in Forslean 6',7' - dihydroxybergamottin and Bioperine which are no longer explicitly stated to be present.
Recommendation: The ingredients in Mass Fx are not included in the schedules CDSA; Mass Fx is not a controlled substance.

May 21, 2008
Drug Status Report

**Drug:** Anabolic Xtreme Mass Fx

**Drug Name Status:** Anabolic Xtreme Mass Fx is the trade name.

**Ingredients:**

(3b, 5a, 6a, 25R)- Spirostan-3, 6-diol
3,4 divanilytetrahydrafuran
6,7 - dyhroxybergamottin
bioperine

**Chemical structure:**

![Chemical structure diagram](image)

(3b, 5a, 6a, 25R)- Spirostan-3, 6-diol

**Molecular Formula:** I-C\(_{27}\)H\(_{44}\)O\(_4\)

**Canadian Status:**

(3b, 5a, 6a, 25R)- Spirostan-3, 6-diol - The closely related 5alpha-spirostan-3,6-dione was reviewed previously and is not considered a controlled substance. The diol should have the same status.

3,4 Divanilytetrahydrafuran - Divanillytetrahydrofuran is obtained from an extract of the stinging nettle plant.

6',7' - Dihydroxybergamottin has been reviewed previously and is not considered a controlled substance.

Bioperine is a proprietary extract from the fruit of Piper nigrum L (black pepper) or Piper longum L (long pepper).

**Recommendation:** The ingredients in Anabolic Xtreme Mass Fx are not included in the schedules CDSA; Anabolic Xtreme Mass Fx is not a controlled substance.

March 18, 2008