Drug Status Report

**Drug:** Activate Extreme  
Manufacturer: Designer Supplements

**Drug Name Status:** Activate Extreme is the trade name.

**Ingredients:**

- Divanillytetrahydrofuran- I
- Rhodiola Rosea- II
- Icariin- III
- Indole-3-carbinol- IV
- Basella Alba- V

**Chemical structure:**

![Chemical structure image]

**Molecular Formula:** I-\(C_{20}H_{20}O_5\); IV-\(C_{9}H_{9}NO\)

Canadian Status: Divanillytetrahydrofuran is obtained from an extract of the stinging nettle plant. Rhodiola Rosea also known as goldenroot is a plant for which several claims have been made including the treatment of depression and an anti-aging agent. Icariin is a flavonol found in horny goat weed a common ingredient in dietary supplements. Indole-3-carbinol may be derived from eating cruciferous vegetables. Basella Alba is a vine the leaves and roots of which are consumed as food in China and Africa.

**Recommendation:** The ingredients in Activate Extreme are not included in the schedules CDSA; Activate Extreme is not a controlled substance.

January 3, 2008